

# Required Massage Therapy Books

Prices do not include tax

## Required Books for Reflexology

**Better Health With Foot Reflexology** by Dwight Byers \$35.00  
Required for: ***Reflexology I***

**TRAIL GUIDE to the BODY:** \$67.95  
5th Edition by Andrew Biel ISBN: 978-0-9829786-5-8  
Required for: ***Reflex Anatomy & Physiology***

## Recommended Books:

*Recommended for further study. While not required for specific HAI classes,  
it will enhance your education and compliment your library.*

**Trail Guide to the Body's -  
Quick Reference to Stretch and Strengthen** \$15.95  
by Andrew Biel

### **HAI CLASS MANUAL**

Published in-house \$50.00  
Required for: ***All MT Classes***

### **TRAIL GUIDE SERIES: ESSENTIALS**

5th Edition by Andrew Biel ISBN: 978-0-9968359-1-6 \$95.90  
*Includes Trail Guide to the Body textbook and student workbook.*  
Required for: ***Anatomy 1 and 2, Body Insight 1,2 and 3, and  
Massage 3***

### **A&P LEARNING SYSTEM**

4th Edition by Edith L. Applegate ISBN: 978-1-4377-0393-1 \$66.95  
Required for: ***Physiology 1 and 2***

### **BUSINESS MASTERY**

5th Edition by Cherie Sohnen-Moe ISBN: 978-188290-8-05-9 \$34.95  
Required for: ***Business***

### **A MASSAGE THERAPISTS GUIDE TO PATHOLOGY**

6th Edition by Ruth Werner ISBN: 978-1-4963-1082-8 \$78.95  
Required for: ***Pathology***

### **BODY INSIGHT**

2nd Edition by Gary Salinger Published in-house \$60.00  
Required for: ***Body Insight 1, 2 & 3 & Structural Kinesiology***

***TOTAL for required MT books (does not incl tax) 386.75***

Prices are subject to change without notice

## Other Items Available

Prices do not include tax

### Clinic Polo Shirts

SM - XXLG \$32.00

### Charts

Muscular Charts (Laminated) \$21.99

Skeletal Charts (Laminated) \$21.99

Meta Expressions Chart \$ 8.95

### Misc.

Bolster \$33.00

Disposable FaceRest Covers (50 Fitted) \$18.00

Disposable Face Rest Covers (100 Flat) \$20.00

Rice Bags \$19.50

Holster (single 8 oz.) \$12.00

8 oz bottle w/ pump \$ 5.00

8 oz pump \$ 0.99

Gallon Pump \$ 4.50

### Organic Lotions & oils

8 oz Organic Lotion \$ 6.95

8 oz Organic Oil \$ 9.90

32 oz Organic Oil \$30.99

64 oz Organic Oil \$44.50

1/2 gal Organic Lotion \$26.50

1 gal Organic Lotion \$41.99

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# *Book List*

# *Spring 2019*